



CHANGES AND HEALING

OUR PAST LIVES

By Andi Corrales

Basically, no not basically, I will say miraculously we have the power to heal ourselves. We have the answer. But, are we actually willing to sit down and ask ourselves, what is really our problem? I had a dream last week where I saw this blond man giving was giving me a bottle of some type, and antidote, I thought it was. One of my healers said, maybe it's a new modality of healing. Well I bet she was right. The fact that I and we have the power to heal and know the answers to our issues is so amazing and so real today. Read on:

I found this reading about health and ascension symptoms.

The energies which are being sent to your environment, and those which your planet is passing through, are causing minor discomforts in some, major discomforts in others, and still others, though few, are experiencing real pain.

Of course the differences can be attributed to several things. Firstly, what is the condition of the body, mind, and spirit of the subject? That is you. How freely are you giving yourselves to the transition? How rapidly has your higher self and your soul

determined that you should make this change? And do not overlook the possibility that there may be conditions which can and should be treated by your medicine.

In many cases, however, your medicine cannot find or understand the conditions you are reporting. Pain and discomfort are signals, dear ones. Either signals of the existence of a condition or of the existence of resistance. The easiest thing to try would be for you to truly fling yourselves into the future with all your hearts. So much for resistance.

But in many cases your bodies themselves are storing, unknown to you, fears, angers, resentments, resistances, and regrets from this life, prior lives, even those passed down to you in your DNA from those who came before you. “Well, how in the world am I to deal with that?” you ask.

We shall give a few suggestions.

To begin with, know that the unconditional love that is enveloping you now will eventually overcome all of those resistances and you will ascend if you have decided to do so. That may be sooner or it may be later. And patience is much easier when one is comfortable, is it not?

You may decide to go it on your own and, through your meditations and prayers, seek out and solve the issues for yourselves. In this case, help is available through your connection to the Source of your being. But we suggest you not be like the one who insists he will be saved by the Almighty and ignores the rowboat that has been sent to save him from the flood.

Lastly, dear ones, there are a great many “new” healing methods that have become available to you during these last years that can deal with these kinds of things in ways the your medicine has never learned to do. We have put the word new in quotes because they are simply things that are now being remembered by yourselves. They address these things through your energetic and spiritual side.

Understand that when something is cleared for you on those levels, the effect must show up on your physical side. So if you are not wishing to live with the discomforts until they disappear on their own, then look for the type of healing that most resonates with your beliefs. We say that because, although it may not be the most powerful, it will be the one which your beliefs will allow to work for you. You can progress to another when you choose to.

Beliefs, you see, are things which you have constructed, knowingly or not, in order to protect you. And in many cases, they can actually be that which is causing you problems. They are very often not in agreement with what you think you believe in your conscious minds.

That may not sound possible to some of you, but we assure you it can be true. As an example, you may think that you trust your Creator with all your heart, but then ask yourself why you resist change or spend any time at all worrying about the future.

So the final thought we would give you today is this. Wherever you are, and whatever your situation is, there is, somewhere in your physical or spiritual environment, help available if you want it. You can find it if you look for it. You will need to accept it when you find it. Ask yourself if perhaps your opinions do not stand in the way. Or is it perhaps that you are proud of being a loner?

In any case, you are moving on. And the truth is, you are doing exactly what you need to do in this moment. That is because what you are doing will inevitably lead you eventually to where you have decided to go.

NEW ADVENTURES

We have been taken where we have decided to go. What exactly does that mean. Us- go where? How? I believe we all come here with a purpose to fulfill for our self and for God. I

believe we each have life contracts and in each lifetime we are meant to fulfill these contracts. However, when we fall short, and do not fulfill them, we come back again to do it all over again. Lifetime after lifetime. This is why I know that if I decide to take the easiest path when it comes to my difficulties, I will be back on this earth again, working on the same contract. As I have looked back and reviewed my life I can see where I have taken the easy out, and I see where I have taken the hard road. In hindsight, I have received more gifts when I took the more difficult ones.

I have written about clearing our channel for God. Forming a relationship with God and forming a relationship with our soul. I have also written about how in doing these things, I have become able to assist others in healing. I am able to assist in healing their current life issues as well as their past life issues. I am able to assist with grief, joy, and Love. I am able to speak with the departed loved ones with whom they still needed closure. At the end of the day, I have found it all comes down to Love. Love is the Greatest Gift in the Word. I read a book by Henry Drummond titled the “Greatest Gift in the World” and, you guessed it, at the end of this book the gift was Love. Not Love in a romantic way, it was the Love of God, man and self. I have written ad nauseum on these three things. Not because I have been told to, but I have become to realize that it is true in my life and in my spiritual journey. It is true in the sense that if I want to become a peaceful human being and emanate love and light to others. This journey of self-discovery, self-realization, and self-discarding has been a lesson at discarding the ideas and habits that do not support Love and it has taken some time, but I believe that in living in Love, my vibrational rate is higher, and I attract loving people. That’s really the key to life. Attracting what you want most in life, sometimes, even if we don’t even know what that is. Releasing negativity, and retaining Love.

LIFE CONTRACTS - My father

I have recently cleared one of my life’s contracts deriving from a past lifetime. As I have written before, I am a Reiki Master. I am able to summon the master energy into my channel, and it flows out through my hands when I lay my hands on people, or sometimes when I don’t, lay my hands on them. One of my gifts that has come forth is that I can see others past lives. I

can also see their needed healing issues, and sometimes what is blocking them from moving forward in whatever is bother them at this time.

Having said that, I attend a healing circle, where practicing healers and others who want healing sit in a circle and meditate while various practicing healers walk around and lightly put their hands above the persons head or on the shoulders. During a specific healing circle, I lay my hands on a man named Estabon. In that instant, I felt a deep and honest love for this man. I felt how much we really loved each other and I began to sob erratically. I just have to say, I was in awe of the love that I felt. My thoughts were of how could I feel this love, on this day, and know it was from a different time period and lifetime. Well, let me say that man Estabon, was my father in another life time we had together in Sparta. I stayed with my hands on him as long as I could just feel that love we had for each other as father and daughter. We had a very strong bond, I felt. He did not feel it, but I did. He honestly had no idea that I was crying behind him. I know this love, because I had that loving bond with my father from this life time. Who has since passed away. My path has taken me to exactly that moment to heal whatever needed to be healed from that specific past life in that specific moment. God has such impeccable timing. I felt honored at that moment.

After this healing, I went home and began to rest. As I lay there, I felt a thick, cold metal sword come out of the skin in my right upper arm. I felt the stinging, the coldness, the thickness of the metal, the pain, and then the release. I actually could see this sword coming out of my upper arm. I have been told that sometimes we carry articles from our past lives in each lifetime until they are cleared or healed. That is why people have unexplainable aches and pains in their bodies and doctors and x-rays cannot detect their causes. I lay in amazement for a long period of time after this happened. I knew that I had healed whatever it was from that life time. Let me share little more about this man, I call my father from another lifetime:

I attend an ascension circle where others help each other to connect with source or God, and to connect to what our mission here on earth is. There is an introductory class to this specific class. I happened to attend this particular day, to help support the circle. There were questions, and answers, and some people kind of perplexed at the whole deal. Now, having

never met Estabon prior to this class, he afterward, was looking confused, and asking why he should even come to the class. He told me that he has been on a spiritual journey for a while and was seeing more spiritual knowledge. I explained a couple of things and how it helped me, and he said good, I will come back. There are advanced classes after the initial class. So, the following Saturday, he and I attended this advanced class together, and I saw him and said oh good, you came back.

During these classes we all share and help clear the energy of what is seemingly blocking each other so they can soar with their God, and heal their pain and release excess baggage that has been carried with them. So, as we sat in this circle, and he was asking for help on clearing some of his issues. As we all started to support his healing, I saw him riding a horse, in what I call roman times, but know it's the times of Sparta. He has on a horse with a red drape, and a very big tall sword straight up in the air, and he wore a metal suit as if going off to battle. I could tell he was very prestigious and had great honor. I could see him from above as I was standing at the wall of a castle. I felt sad at seeing this. Like he was leaving me? Next, as we sat and did more healings, and meditated on our contracts for this life, and he spoke and I suddenly wanted to bow down to him as though he was some type of messiah. He said that he saw himself giving water to the thirsty. I felt like he was the bringer of the light. I felt glorious to be in his presence. I had no idea why.

After that time, we attended another circle, and I was trying to speak about something, and it did not come across complete, and he spoke up and said, I think what she is trying to say is And he was exactly right, he knew my words. So absolutely amazing! I am still in awe of this power and the energy we live in today. It has been about a month of us being in the same healing circles and am still in awe to find he was my father from a past lifetime this life time and we were put together to heal issues from that time period. I do not know what his issues are yet if he even has any, but I will find out and write more about it later.

I know that people say that how do you know this is true, and why would you believe this, etc. I just do. I trust God, I trust the process, and I trust me and all the work I have doing to get here.

SEEKING TRUTH

We are all seeking the knowledge of the truth. Only God know shall truth. Therefore, only God can have real wisdom or know the right thing to do at all times, and we can receive wisdom from God. Wisdom is obtained by reading the mind of God. The brain does not think, we think and express our thoughts through the brain.

There is a spirit substance, which thinks. Just as the spirit substance of man permeates his body, and thinks and knows it the body, so the original spirit substance, God, permeates all nature and thinks and knows in nature. Nature is the intelligence of man, and knows more than man, nature knows all things. This is how I know the information I receive through my healings is true, and not fiction.

SUBSTANCE

Where there is thought, there must be a substance which thinks. I believe that the cosmic substance, or spirit substance that permeates all nature and thinks, and knows nature, is God. I believe in getting in touch with this substance, we can do be and have anything we want for ourselves. We do not have to live in poverty or less than? Because as I have said before, as a child of God, we deserve nothing less than the magnificence that we are. And if we are nature or God, then we are all knowing, we just do not we know it. Our entire purpose here is come back to who we are, by knowing ourselves, and/or God.

The All-Mind has been in touch with all things from the beginning. It contains all knowledge. Our experience covers a few things, but God's experience covers all the things that have happened since the creation. All that is and all that has been are present in the intelligence, which is wrapped about us and enfolds us and presses up on us from every side.

The truths we perceive by inspiration are thoughts held in the mind. For if they were not thoughts, we could not perceive them, they would not exist. They could not exist as

thoughtfulness there is a mind furthermost exist in. A mind can be nothing else than a substance which thinks. We are a thinking substance a portion of the cosmic substance. However we are limited. As all intelligence power and force come from God. As I have heard said, the father and I are one. This was the foundation of his knowledge and power.

BEING GREAT

If we do what is right and just, and do our best to live the will of God, we will know the truth, and the truth will make you free. Isn't that wonderful. Freedom from all things. The spirit shall guide you into all truth. We are immersed in mind and that mind contains all knowledge and all truth. It is seeking to give us this knowledge, for God delights to give us his gifts. The prophets and seers and great men and women of the past, and present, were made great by what they received from God, not by what they were "taught" by men. This limitless reservoir of wisdom and power is open to you. You can draw upon it as you will, according to your needs.

You can make of yourself what you desire to be, you can do what you wish to do, and you can have what you want to have. To accomplish this, you must learn to become one with God that you may perceive truth. And you may have wisdom and know the right ends to seek and the right means to use to attain the ends. So that you may secure power and ability to use the means. Resolve that you will now lay aside all else and concentrate upon the attainment of conscious unity with God. Draw nigh unto God and he will draw nigh to you. If you become like God you can read his thoughts. If you do not, you will find the inspirational perception of truth impossible. You cannot become great until you have overcome anxiety, worry, and fear. It is impossible to be these and perceive the truth. All things are distorted and thrown out of their proper relations by such mental states, and those who are in these states, cannot read the thoughts of God. These writings were found in the book "Being Great", written by Wallace Wattles. You can find this on the internet if you want more insight.

So in writing all of this again and again, ad nauseum, I ask, have you read my first 4 books? If you have read them, you now already know and have been practicing just this. If you are not able to tap into that inner resource, review back and see if you have missed anything. The

ideas I wrote about are very simple and practical. It is up to you to do the work though. You cannot just pray and ask for knowledge of the truth and expect it to be there. There is work involved. Especially, if you are not living the will of God. Makes sense? Your life cannot be contradictory. Therefore, if you really want to be great, get busy and start reading. It will take you all of maybe 5 hours at the most. A little more if you do the written work in the first book.

FAITH

Without faith it is impossible to please God and without faith it is impossible for you to become great. The distinguishing characteristic of all really great men and women is an unwavering faith. In order to become great you must have an unshakable core of faith. As is stated above, if not you will not be able to tap into that source of truth. If you are struggling, read the 2nd and 3rd books, or re-read them all, it is all I have written about. It is all I have written about, because it is of absolute importance to have peace and freedom for yourself. To live a life of Love. It makes life much more simpler to bear.

So I say to you, do yourself the best favor and make some changes. They are simple, easy and you won't regret it.

Remember - Live every moment as an act of power.

Andi